

# ISSPCON 2018

2<sup>nd</sup> - 4<sup>th</sup> February, 2018

Scientific Programme

Day 1: Friday; 2<sup>nd</sup> February, 2018

08:00-08:45 Registration

08:45-09:00 Flag hoisting

## HALL A

HALL A	Speaker	Duration		Speaker	Chairperson
<b>PLENARY SESSION 9:00-10:30 AM</b>					
9:00–09:30 AM	Triumph over pain	30 min		Dr. Abhijit Bhattacharya	Dr. D K Baheti Prof. Bibhukalyani Das Dr. Philippe Macaire (Vietnam)
9:30–10:00 AM	Pathophysiology of neuropathic pain and beneficial effects of neuromodulation	30 min		Dr. S. Raj Sundaraj (Australia)	
10:00–10:30 AM	Pain the 5 <sup>th</sup> Vital sign remains undertreated	30 min		Dr. R. D. Treede (Germany)	
10:30–10:50 AM	TEA				
10:50–1:10 PM Lumbar Spine Symposium	Lumbo-sacral spine (basic and fluoroscopic anatomy)	20 min		Dr. Hitesh Patel	Dr. V. P. Kumra Dr. S. Raj Sundaraj (Australia) Dr. B. Radhakrishnan
	Approach to back pain patients	20 min		Dr. Gautam Das	
	MRI: Interpretation and decision making in low backache	20 min		Dr. Ajit Yadav	
	Current therapeutic modalities for low backache	20 min		Dr. Kailash Kothari	
	Level of evidence for interventional treatment for backache	20 min		Dr. Muralidhar Joshi	
	Discussion	10 min			
	Case scenarios (LCS / radiculopathy / discogenic)	30 min		Dr. G. P. Dureja	

<b>1:10 – 2:00 PM</b>	<b>LUNCH</b>				
<b>2:00 – 3:30 PM</b> <b>Symposium :</b> <b>Neuropathic pain</b>	<b>Painful small fibre neuropathy</b>	<b>20 min</b>		<b>Dr. Sweta Adatia, (UAE)</b>	<b>Dr. B. B. Mishra</b> <b>Dr. Jayashree Sood</b> <b>Prof. Ashok Saxena</b>
	<b>Post amputation limb pain: current perspective</b>	<b>20 min</b>		<b>Dr. Rahul Rastogi (USA)</b>	
	<b>Current guidelines and evidence of radiofrequency denervation of cervical and lumbar medial branches</b>	<b>20 min</b>		<b>Dr. Anil K. Sharma (USA)</b>	
	<b>Recent guidelines for neuropathic pain management</b>	<b>20 min</b>		<b>Dr. Pankaj N. Surange</b>	
	<b>Discussion</b>	<b>10 min</b>			
<b>3:30 – 3: 50 PM</b>	<b>TEA</b>				
<b>3:50 – 5:00 PM</b> <b>Symposium</b> <b>“Genetics &amp; Pain”</b>	<b>Epigenetics &amp; MicroRNA’s in pain pathway in chronic pain and their therapeutic potential</b>	<b>20 min.</b>		<b>Prof. Ashok Saxena</b>	<b>Dr. Anil Kumar Jain</b> <b>Dr. K. J. Choudhary</b> <b>Dr. Rohit Lahori</b>
	<b>Stem cell therapy in pain management</b>	<b>20 min.</b>		<b>Dr. Prakash R. Deshmukh</b>	
	<b>Role of PRP in arthritis / tendinopathies</b>	<b>20 min.</b>		<b>Dr. Navita Purohit</b>	
	<b>Discussion</b>	<b>10 min</b>			
<b>5:00-6:00 PM</b>	<b>Indian Academy of Pain Management (IAPM) Fellowship Award Program</b>				
<b>6:00-7:15 PM</b>	<b>INAUGURATION</b>				
<b>7:15 -8:00 PM</b>	<b>Stage preparation</b>				
<b>8:00 PM onwards</b>	<b>DINNER</b>				

## HALL B

HALL B	Speaker	Duration	Speaker	Chairperson
<b>10:50 AM –12:00N</b> <b>Basics of Pain</b>	Understanding pain mechanism	20 min	Dr. Sunita Lawange	Dr. Sarla Sindhu
	History & physical examination marks the halfway to diagnosis	20 min	Dr. Madhuri Lokapur	Dr. L.D. Mishra
	Neuromodulation in pain management	20 min	Dr. Preeti Doshi	Dr. Mary Abraham
	Discussion	10 min		
<b>12:00-1:10 PM</b> <b>Pelvic pain</b>	Controversies & trends in labour analgesia	20 min	Dr. Jayashree Sood	Dr. Pramod Kumar
	Chronic pelvic pain : In search of the magic bullet	20 min	Dr. Subrata Goswami	Dr. Lakshmi Vas
	Treatment algorithm for groin pain / testicular pain	20 min	Dr. Madhusudhan Mali (UK)	Dr. Anjeleena Kumar Gupta
	Discussion	10 min		
<b>1:10 – 2:00 PM</b>	<b>LUNCH</b>			
<b>2:00 – 3:30 PM</b> <b>Headache and orofacial pain</b>	Headache and migraine: Unsolved issues	20 min	Dr. Baljit Singh	Dr. Ashok Saxena
	Atypical facial neuralgias	20 min	Dr. Mythili Kalladka	Dr. Tarlika Doctor
	Interventional procedures for headache and orofacial pain	20 min	Dr. Karthic Babu Natarajan	Dr. Theresa Wodehouse
	Modalities & application of physical therapy in pain management	20 min	Mrs. Shveta Seth	
	Discussion	10 min		
<b>3:30 – 3:50 PM</b>	<b>TEA</b>			
<b>3:50 – 5:00 PM</b>	Trends and controversies in interventional pain management in knee osteoarthritis	20 min	Dr. Sekar Michael	Dr. V. K. Mohan
	Pain in rheumatic diseases – the newer targeted therapy	20 min	Lt. Gen. Ved Chaturvedi	Dr. Rajeev Harshe
	Psychological aspects of chronic pain management	30 min	Dr. Kavita Arora	Dr. Rahul Rastogi (USA)

## HALL C

HALL C	Speaker	Duration	Speaker	Chairperson
<b>10:50am–12:00 PM</b> <b>MSK session</b>	Scope of USG in chronic pain	30 min	Dr.Philippe Macaire (Vietnam)	<b>Dr. Anil Ohri</b> <b>Dr. Twinkal Dalal (USA)</b> <b>Dr. Bimla Sharma</b>
	Shoulder pathology & intervention	20 min	Dr. Nidhi Bhatnagar	
	US guided knee evaluation & management	20 min	Dr. Manoj Sharma	
<b>12:00 – 1:10 PM</b> <b>Panel Discussion</b>	Pain education in India: Miles to go	1hr 10min	Moderator: Dr. Pradeep Jain	<b>Panelists:</b> <b>Dr. Gautam Das,Dr. Y. K. Batra</b> <b>Dr. Virender Rastogi,</b> <b>Dr. P. N. Jain,Dr. Amitabh Dutta</b> <b>Dr. P Vijayanand</b>
<b>1:10 – 2:00 PM</b>	<b>LUNCH</b>			
<b>2:00 – 3:30 PM</b> <b>Video Session:</b> <b>Sympathetic block</b> <b>How I do it?</b>	Stellate ganglion: USG & fluroscopic	15 min	Dr. Pratibha Matche	<b>Dr. Ravindra Harne</b> <b>Dr. Apala Shah</b> <b>Dr. D.K. Sahu</b>
	Gasserian ganglion balloon decompression	15 min	Dr. Anurag	
	Sphenopalatine / glossopharyngeal	15 min	Dr. Pushpinder Mehta	
	Coeliac / splanchnic block	15 min	Dr. Malvinder Singh	
	Lumbar sympathectomy	15 min	Dr. Virender K Mohan	
	Hypogastric block / ganglion impar	15 min	Dr. Sidhaye Uttam	
<b>3:30-3:50 PM</b>	<b>TEA</b>			
<b>3:50-5:00 PM</b> <b>Panel Discussion</b> <b>“Sports injury &amp; Pain</b> <b>Management”</b>		1hr 10min		<b>Moderator:</b>
	On field injury: management of pain		Dr. PMS Chandran	<b>Dr. Prateek Gupta</b>
	Management of pain within WADA limit - what is permitted?		Dr. J L Jain	
	Enthesitis /stress injury pain management - Tennis, golfer elbow , jumpers knee & marathon runners		Dr. Ravi Mittal	
	Pain management during rehabilitation - effective use of modalities		Dr. Vimal Sharma	
	Chronic ankle pain after strain - is it nerve issue or muscle issue		Mrs. Shveta Seth	
	<b>Dr.Ravi Mittal, Dr.PSM chandran, Dr.Ashis Acharya, Dr. Amit Dua, Dr. J L Jain, Mr Vimal , Mrs. Sweta seth.</b>			

## Day 2: Saturday; 3<sup>rd</sup> February, 2018

### HALL A

HALL A	Topic	Duration	Speaker	Chairperson
9:00–09:45 AM	ISSP ORATION: Role of stem cell therapy in the management of chronic pain	45 min	Prof. Anil Agarwal	Dr. Muralidhar Joshi Dr. Geeta Joshi
9:45–10:30 AM Keynote Address	Morphine availability: Indian perspective	45 min	Dr. Geeta Joshi	Dr. Jayashree Sood Dr. Pradeep Jain
10.30-10.50 AM	TEA			
10:50 - 12:10 PM Symposium: Postoperative Pain Management	Regional techniques in acute pain management	20 min	Dr. Raghu S Thota	Dr. Pratibha Kane
	Ketamine-phased out or resurfacing	20 min	Dr. RPS Gehdoo	Dr. R. D. Treede
	Opioid sparing strategies in pain management	20 min	Dr. Babita Ghai	(Germany)
	Persistent post-surgical pain: prevention & management	20 min	Dr. Nishkarsh Gupta	Dr. M. T. Bhatia
12:10 – 1:10 PM	Biomechanics of spine	20 min	Dr. Shankar Acharya	Dr. Anil Sharma
	FBSS : The way forward	20 min	Dr. Ram Pasupuleti (USA)	Dr. Y. K. Batra
	CRPS “What we know & do not know”	20 min	Dr. G. P. Dureja	Dr. Anil Agarwal
1:10 – 2:00 PM	LUNCH			
2:00 –3:30 PM Advance Pain Management	Intrathecal drug delivery implant: Recent advances	20 min	Dr. S. Raj Sundaraj	Dr. Subrata Goswami
	Spinal cord stimulation: Where we reach?	20 min	Dr. Hirachand Mutagi	Dr. Saowarat
	Radiofrequency ablation: How can we improve outcome	20 min	Dr. Saravana Kanakarajan (U.K)	Snidvongs
	Role of chemical neurolysis in pain practice: Current scenario	20 min	Dr. Jitendra Jain	Dr. Chandrashekharan
	Discussion	10 min		Cham

<b>3:30–3:50 PM</b>	<b>TEA</b>			
<b>3:50–5:00 PM</b> <b>Invasive Spinal</b> <b>Procedures</b>	<b>Endoscopic intralaminar disectomy</b>	<b>20 min</b>	<b>Dr. Shirazahmed A. Munshi</b>	<b>Prof. Kawsar Sardar</b>
	<b>Transforaminal disectomy</b>	<b>20 min</b>	<b>Dr. Shiv Pratap Singh Rana</b>	<b>Dr. Neeraj Jain</b>
	<b>Disc fix</b>	<b>20 min</b>	<b>Dr. Manish Raj</b>	<b>Dr. Pradeep Jain</b>
	<b>Discussion</b>	<b>10 min</b>		
<b>5:15 – 7:00 PM</b>	<b>GENERAL BODY MEETING</b>			
<b>7:00 PM onwards</b>	<b>BANQUET DINNER</b>			

## HALL B

HALL B	Speaker	Duration	Speaker	Chairperson
<b>10:50–12:20 PM</b> <b>Symposium:</b> <b>Cancer Pain</b>	1 <sup>st</sup> line treatment of cancer pain “Cancer Pain – Challenges”	20 min	Dr.Archana Deshpande	Dr. Vivek Palsule Dr. Jay Panchal Dr. B.D Bande
	Interventional pain management for cancer patients	20 min	Dr. Seema Mishra	
	Organisation of palliative care	20 min	Dr. Athma Prasanna	
	Case scenarios in cancer pain management	30 min	Dr. P.N. Jain	
<b>12:20–1:10 PM</b> <b>Neck pain-Searching</b> <b>the Origin</b>	Evaluation & differential diagnosis of neck pain	20 min	Dr. G.K. Kumar	Prof. Deepak Malviya Dr. Mahendra K. Baansal Dr. Karthic Babu Natarajan
	Interventional approaches for cervical pain	20 min	Dr. Ravi Krishna Kalathur	
	Neck pain: Clinical case discussion	10 min	Dr. Malvinder Sahi	
<b>1:10-2:00 PM</b>	<b>LUNCH</b>			
<b>2:00-3:30 PM</b> <b>Controversies in Pain</b> <b>Management</b>	Current role of steroids in pain management	15 min	Dr. Krishna Poddar	Dr. Gaurav Sharma Dr. Gaurav Goyal Dr. Ruchi Gupta
	RF : Should we burn	15 min	Dr. Arif Ahmed	
	RF : Should we cool		Dr. Shailesh Gandhi (USA)	
	Placebo & nocebo effect	15 min	Dr. Tarlika Doctor	
	Opioids for non-malignant pain	15 min	Dr. Sachidanand Jee Bharti	
	Discussion	15 min		
<b>3:30-3:50 PM</b>	<b>TEA</b>			
<b>3:50-5:00 PM</b> <b>Musculoskeletal Pain</b>	Fibromyalgia, chronic fatigue & chronic fatigue syndrome : on the crossroads	20 min	Dr.Subrata Ray	Dr. Sidharth Verma Dr. Naveen Malhotra Dr. Vivek Loomba
	Identifying & solving the myofacial pain	20 min	Dr. Raghavendra Raman Julu	
	Trigger point pathophysiology, diagnosis & treatment	20 min	Dr. Lakshmi Vas	
	Discussion	10 min		

## HALL C

HALL C	Speaker	Duration	Speaker	Chairperson
10:50 AM–12:00n Ethical Issues in Pain Management	Do's & Don'ts in pain management	20 min	Dr. Palanisamy Vijayanand	Dr. Neerja Bharti Dr. Nana Morkane Dr.Akka Mahadevi
	Ethical dilemma of management in cases with poor level of evidence	20 min	Dr. Amitabh Dutta	
	Medical insurance & guidelines for practicing pain physician	20 min	Dr. V. K. Rastogi	
	Discussion	10 min		
12:00n-1:10 PM Rheumatology	Rheumatoid arthritis: treating on the safer side	20 min	Dr. Kritika Doshi	Dr. Vanilla Chopra Dr. Debanjali Ray Dr Nagaraju Morubagal
	Ankylosing spondylitis: recent advances	20 min	Dr. Chandrashekharan Cham	
	Painful foot : causes & management	20 min	Dr. Naresh Dua	
	Discussion	10 min		
1:10-2:00 PM	LUNCH			
2:00–3:30 PM How I do it?	Cervical epidural, facet RF ablation	15 min	Dr. Pravesh Kanthed	Dr.Anil Paswan Dr. Hammad Usmani Dr. Jay Panchal
	Lumbar medial branch block & facet RF ablation	15 min	Dr. Vivek Chakole	
	Transforaminal epidural steroid injection / lateral recess block	15 min	Dr. Palak B Mehta	
	Epidural adhesiolysis for FBSS	15 min	Dr. Pankaj Wadhwa	
	Vertebroplasty / kyphoplasty	15 min	Dr. Neeraj Jain	
	Radiofrequency denervation for SI joint pain	15 min	Dr. Atul Sharma	
3:30 – 3:50 PM	TEA			
3:50 – 5:00 PM	Stress management in medical practice -Yoga & pain management	30 min	Dr. Ishwar Acharya	Dr. Sarita Singh Dr. Dhruv Bibra Dr. Siddharth Hora
	Cognitive therapy as part of chronic pain management	20 min	Dr. Vinod Kumar	
	Establishing and opening a pain clinic: infrastructure, economics & operation	20 min	Mr. Anand Dureja	



## Designated Area

	Topic	Judge
9:00 AM onwards E-poster Presentation	<ul style="list-style-type: none"><li>• Neuropathic pain</li></ul>	Dr. RPS Gehdoo, Dr.Ashok Saxena
	<ul style="list-style-type: none"><li>• Clinical research</li></ul>	Dr.Madhuri Lokapur, Prof. Bibhukalyani Das
	<ul style="list-style-type: none"><li>• Cancer pain</li></ul>	Dr.P.N Jain,Dr.Seema Mishra, Dr.K.K Narani, Dr.Babita
	<ul style="list-style-type: none"><li>• Research basic sciences (USG)</li></ul>	Ghai, Dr.Jayashree Sood, Dr.Pankaj Surange.

\*Note: All papers are E-poster cum podium presentation. Best papers are for podium presentation in different categories.

## Day 3: Sunday; 4<sup>th</sup> February, 2018

### HALL A

HALL A	Topic	Duration	Speaker	Chairperson
8:00 – 9:00 AM Session: Meet the Experts	Neuropathic Pain: Dilemma to break		Dr. Anil Kumar Sharma (USA)	
	Back Pain: Searching for the magic bullet		Dr. G. P. Dureja	
	Role of USG in pain management		Dr. Philippe Macaire	
	Cancer pain management		Dr. Sushma Bhatnagar	
9:00 – 10:30 AM Miscellaneous	Science & fiction in medical sciences	30 min	Dr. GV. Rao	Dr. Vanita Ahuja Dr. Manjiri Ranade Dr. Rajesh Sharma
	Simulation therapy in pain management	20 min	Dr. P. N. Kakar	
	How to manage: Peripheral vascular disease pain	20 min	Dr. Shirazahmed A. Munshi	
	New horizons for the diagnosis, pharmacological treatment and neuromodulation of spinal cord injury pain	20 min	Dr. Vijay Bandikatla (England)	
10:30-10:50 AM	TEA			
10:50-11:20 AM Open forum	Ethical dilemma in pain practice : Open forum		Dr. K. J. Choudhury	Dr. Vijay Vohra Dr. K. Fotedar Dr. Gaurav Chanana Dr. Sunila Sharma Dr. Murali Thondebhavi
1120 AM – 1200 Noon	QUIZ – Pain management		Dr. Ashu Jain, Dr. Rajat Gupta	

<p style="text-align: center;"><b>12:00 – 1:15 PM</b> <b>Debate</b></p>	<p><b>Debate competition:</b> <b>Fear of misuse of opioids is one of the biggest factors responsible for undertreatment of cancer pain throughout the world</b></p>		<p><b>Pro: Dr. Anjali Kolhe</b> <b>Dr. Jyotsna Agarwal</b> <b>Dr. Amrita Panda</b> <b>Dr. Sukanya Mitra</b> <b>Dr. Anuja Pandit</b> <b>Con: Dr. Jeetindra Kaur</b> <b>Dr. Raj Kumar</b> <b>Dr. Amit dua</b> <b>Dr. Nazeer Ahmed</b> <b>Dr. Swati Bhan</b></p>	<p><b>Anchor:</b> <b>Dr. Sushma Bhatnagar</b></p>
<p><b>1:15 – 2:00 PM</b></p>	<p><b>Valedictory function &amp; distribution of prize</b></p>			
<p><b>2:00 PM onwards</b></p>	<p><b>LUNCH</b></p>			

## HALL B

HALL A	Topic	Duration	Speaker	Chairperson
9:00 – 9:30 AM	Management of inflammatory joint pain in children	15 min	Dr. Manjari Agarwal	Dr. Uma Maheshwara Rao
	Issues in geriatric pain management	15 min	Dr. Naveen Malhotra	Dr. Amit Verma
9:30 – 10:30 AM	Pain generators in spine	20min	Dr. Girish Datar	Dr. Vandana Mangal
Backache - Different	Discogenic back pain pathophysiology & management	20 min	Dr. Gaurav Sharma	
Dimensions	Lateral canal stenosis: pathophysiology & management	20 min	Dr. Dhruv Bibra	
10:30-10:50 AM	TEA			
10:50 – 11:10 AM	Neuropathic pain: dorsal root ganglion as neurostimulation target	20 min	Dr. Neeraj Jain	Dr. Naresh Dua
11:10 – 11:30 AM	Use of ozone in pain management	20 min	Dr. Nishad P. K.	Dr. Babita Ghai
11:30 – 11:50 PM	Role of ultrasonography in back pain management	20 min	Dr. Madhur Chadha	Dr. Maj Gen N S Lamba
11:50 – 12:00 PM	Discussion	10 min		
12:00 PM – 1:15 PM Workshop	Workshop on clinical methods in pain medicine		Moderator Dr. Gautam Das	Dr. Kanchan Sharma Dr. Rammurthy Kulkarni Dr. Mausumi Dutta Dr. Debjyoti Dutta Dr. Sunita Lawange Dr. Palak Mehta Dr. Manisha Jaiswal Dr. Sujeet Gautam Dr. Samarjit Dey Dr. Mayank Gupta

## HALL C

HALL A	Topic	Duration	Speaker	Chairperson
9:00 – 10:00 AM Research	How to write a good publication paper?	20 min	Dr. Rakesh Garg	Dr. Dipasri Bhattacharya
	How to plan a good clinical trial?	20 min	Dr. Sujeet Gautam	Dr. Ruchi Gupta
	New horizons in pain academics	20 min	Dr.Kailash Kothari	Dr. H.K Sale
10:00-10:30 AM	Integrating pain management in hospital practice “Challenges and Opportunities”	30 min	Dr. Sushma Bhatnagar	
10:30-10:50 AM	TEA			
10:50-12:00 PM Alternative therapies	Pharmacotherapy in chronic pain management: identifying & minimizing side effect	20 min	Dr. Syed arif Hussain	Dr. Rashmi Jain Dr. Sarita Singh Dr. Nazeer Ahmed
	Role of laser in pain management	20 min	Dr. Paramvir Singh (USA)	
	Robotic CT guided blocks	20 min	Dr. Madhan Kumar	
	Discussion	10 min		
12:00 – 1:15 PM Miscellaneous	Fascial plane blocks in chronic pain – Significance of its role.	15 min	Dr. Sandeep Diwan	Dr. Gaurav Chanana Dr. Madhujeet Gupta Dr. Harish Kumar Verma
	Fluoroscopic guided Interventions for shoulder pain	15 min	Dr. Sunny Bhasin	
	Fluoroscopy versus USG for genicular nerve block	15 min	Dr. Sidharth Verma	
	Management Of anal pain	15 min	Dr. Sanjay Khanna	
	Nanotechnology in pain management	15 min	Dr. Mithilesh Kumar Mishra	

## Hall D

<b>HALL</b>	<b>Topic</b>	<b>Duration</b>	<b>Speaker</b>	<b>Chairperson/Judge</b>
<b>9:00 AM onwards</b> <b>Podium Presentation</b>	<b>Neuropathic pain</b>			<b>Dr. P. N. Jain</b>
	<b>Clinical research</b>			<b>Dr. Y. K. Batra</b>
	<b>Cancer pain</b>			<b>Dr. Jayashree sood</b>
	<b>Research basic sciences (USG)</b>			